



14.07.-18.07.

IN HARTHA BEI DRESDEN

KOSTEN: 20-100 €

AFTER SELF-ASSESSMENT

FLOW&GROW HIP-HOP CAMP

aha
anders handeln e.V.

TANZEN, RAPPEN, GESTALTEN, CONNECTEN

Welcome to the Flow and Grow Camp

Here, it's all about one thing: your voice, your movement, your creativity.
Spend five days in nature – together with other girls and FLINTA* aged 14 to 17
who, like you, are excited to try new things, express themselves, and share a
powerful experience.

Whether it's rapping, dancing, or art therapy workshops – you choose what feels
good and what you want to explore.

We celebrate community, sisterhood, and empowerment:

No competition, no pressure – just a space where you can grow, have fun, and be
yourself

What awaits you:

Workshops with experienced coaches
Campfires, music, nature, and plenty of good vibes
Space for friendships, conversations, and inspiration
Be loud, be free, be you!

FOR REGISTRATION:

WWW.AHA-BILDUNG.DE/SOMMERCAMP-2025/